

Young Activists for Peace

Youth Exchange "Peace Camp"

Sievershausen

06. - 19.July 2015



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Daily Reports by Participants
Sievershausen
06.-19.07.2015

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weltweit e.V.

Activity Report

ICJA e. V. Young Activists for Peace

Sievershausen 06.07-19.07.2015

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Further information and documents can be found at the "Young Activists for Peace Blog":

https://eu-projects.icja.de/content/Home/

Introduction, Aims and Objektives

About the Young Activists for Peace project:

In view of eruption of hotbeds of war and growing tension between Russia and its neighboring states as well as the European Union, young Europeans are affected and sometimes have a distorted view on the process of European unification. Contrary to the aims of the EU the approximation of some Eastern European countries causes division and mistrust and becomes a threat for peace.

Against this background the project "Young activists for peace" brought together youth and voluntary service organisations from Georgia, Russia, and Ukraine as well as from Estonia, France and Germany in support of peace education and action. The objective was to enable face-to-face encounters between young people from Russia, countries of the Eastern partnership and the European Union in the frame of the Erasmus+ Youth in Action Programme. The aim of the activities was breaking enemy stereotypes nurtured by the media and to turn them into positive personal experiences. Furthermore the project's aim was to foster young people's active citizenship in promoting peace.

About this Activity:

The activity took place in Sievershausen and brought together 30 people from Germany and Estonia, France, Ukraine, Russia, Georgia. Each national group consisted of a youth leader and 4 participants. The youth leaders had gotten to know each other already in May in Berlin during the introduction training "Together for Democracy, Human Rights and Peace". The aim of the youth exchange "peace camp" in Sievershausen was for participants to learn about conflict resolution and peace building and to share their views regarding the historical and current geopolitical situation and conflict in Eastern Europe and how this affects young people in Europe. Central elements of the program of the camp were the training " Jugendliche werden Friedensstifter (Youth as Peacemakers), creative Workshops (theater, photography, video), three excursions to nearby important historical places (former German-German border, former concentration camp Bergen-Belsen, city of Hannover) and as a very important element the personal encounters between the participants. Group dynamics were supported by various events in the evenings, such as intercultural night, movie night ("The Pianist"), costume party and a social night with group games. Also the common responsibility to prepare all the meals together and to keep the house clean, helped the development of group dynamics.

Program Overview





Welcome

Arrival and transfer

Welcome and getting to know each other

Dinner

Presentation of programme, general introduction to project, participating organizations,

Let's get to know each other

Day 2 Tuesday, 07.07.2015

Breakfast

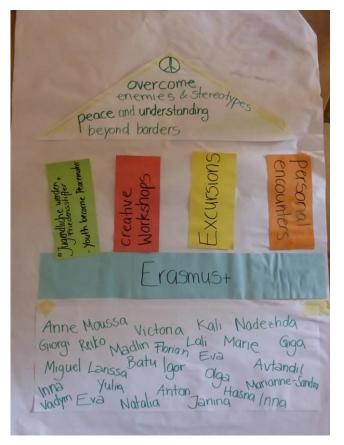
Introduction to the local project Antikriegshaus, its history, its mission, its aims

Lunch break

Motivation, expectations, seminar rules, clarification of important vocabulary, introduction to the educational concept "Jugendliche werden Friedensstifter"

Dinner

Reflexion round



Day 3 Wednesday, 08.07.2015

Breakfast

Introduction to What is "violence"? - Different exercises related to the topic ("Jugendliche werden Friedensstifter)

Lunchbreak

Different exercises related to the topic

Dinner

Reflection round

Day 4 Thursday, 09.07.2015

Breakfast

Excursion to boarder museum Marienborn/ Helmstedt

Luchbreak

Guided tour

Presentation ICJA

Dinner

Presentation Erasmus+

Day 5 Friday, 10.07.2015

Breakfast

To understand violence

("Jugendliche werden Friedensstifter)

Lunchbreak

Intercultural Communication

Dinner

Day 6 Saturday, 11.07.2015

Breakfast

WorkshopTheatre /Video /Dance/Paintings

Lunch

WorkshopTheatre /Video /Dance/Paintings

Dinner

Day 7 Sunday, 12.07.2015

Breakfast

Street Art Workshop about peace symbols

Lunchbreak

Mid-term-reflexion

Dinner

Intercultural night

Day 8 Monday, 13.07.2015

Breakfast

Preparation Excursion to the former concentration camp "Bergen Belsen"

-Human rights and Democracy

Lunch

Excursion to the former concentration camp "Bergen Belsen"

Dinner

Reflection group

Day 9 Tuesday, 14.07.2015

Day off

Day 10 Wednesday, 15.07.2015

Breakfast

Conflict and feelings - Different exercises related to the topic ("Jugendliche werden Friedensstifter")

Lunchbreak

Workshop Theater / Video / Paintings

Dinner

Movie night

Day 11 Thursday, 16.07.2015

Breakfast

How to behave in conflicts / Constructive conflict resolution - different exercises related to the topic ("Jugendliche werden Friedensstifter")

Lunchbreak

Workshop Theater / Video / Paintings

Dinner

Reflection round

Day 12 Friday, 17.07.2015

Breakfast

Excursion to Hannover

Guided tour

Optional free evening in Hanover

Day 13 Saturday, 18.07.2015

Breakfast

Transfer- Follow-up

Lunchbreak

Creative Workshop

Preparation of Presentation of results

Dinner

Farewell Party

Day 14 Sunday, 19.07.2015

Breakfast

Final Evaluation

Cleaning up

Lunch

Farewell / Departure

Daily Reports

Monday, 6th of July 2015

The first day of the project was the day of exploration and arrival. Groups from Ukraine and Russia met each other in the same train from Hannover. The first thing that participants saw at Hämelerwald railway station was a train carrying about 10 new tanks. It could be seen as symbolic for the beginning of our "Young Activists for Peace" project.

Organizers showed the first groups the "Antikriegshaus" building: seminar room, bedrooms, church, etc. During the whole day participants were arriving. Participants from France arrived later in the evening.

After the lunch participants split into 3 groups: one group was cooking dinner, another group was preparing the seminar room and the last one organized a small excursion around the city by themselves.

At the evening the official part of program has started. Teams played games to know each

other till midnight. First, leaders working in pairs introduced their partners. Afterwards, the participants of the youth exchange presented themselves and their motivation.

Tuesday, 7th of July 2015

At 9 o'clock we started the program with energizers and name-games. The energizers were called "baby shark" and one person was singing in the middle of the circle the history of a whole shark-family connected to movements. To



remember the names we drew funny portraits from everyone while going around a drawing each time when the music stopped one part of the face. After this first session of the day we got to know Otto Dempwolf, who is responsible for the venue. He showed us around in a guided tour and we learned more about the monuments, the church and the history of the area in Sievershausen. To get to know the area and learn more about what is going to happen in the next days, we had a rallye with the whole group afterwards. For this we were divided into three groups and every group had to find out replies to the same questions in a different order. The rallye encouraged the participants to wander around the place and to see what is nearby. At the end of this game we discussed the answers. Then it was time for lunch and we also had some free time. After the break we were introduced to the expected program for the following two weeks. In addition to that, we had several reflexion rounds in the group which included discussions about food, the time table, our house rules and also our mood of this day.

Wednesday 8th of July 2015

Wednesday was a quite interesting day. We had a meeting with Mike, who conducted training about the concept peacemaker. Mike's good communication skills played an important role in the success of the youth exchange / training part. He distributed time quite well, so the participants were actively involved in the process but also had breaks to reflect.

Before we spoke about the training concept's main objectives, Mike offered us various activities. As a result, Mike could interest the team by his activities. Participants were very united as a team and the team had excellent result of teamwork.

After some introduction, we started talking about our training's main topics, especially, conflicts and peace. We underlined two different aspects of conflict, conflict prevention through peace building and violent conflict. We talked about the causes of violence, it's hidden side, particular attention was addressed from where violent conflict is coming, such as the traditions and culture and law.

After the violent aspect of conflict we talked about peace: what is peace and what role does it play in human life? At this level, the main focus of the training was the involvement

of participants - having to reflect and express what peace means for each of us and how we go about peace in our daily lives.

After a short power- point presentation about the peacemaker concept we started to think about our definition of peace. A mind map with all our thoughts regarding "Peace" were created and shared afterwards.

In small groups we had to decide for one definition of peace which led to the conclusion that there are many different words for peace and many things which can be meant when we talk about peace. But it was said that there is no right or wrong.

In the afternoon the whole group had to a team building exercise and manage to build a tower of wooden pieces. The difficult part of this activity was that all of us were connected with a string up to the holder, that could pull up the pieces of the tower. The pieces fell down and it was quite difficult to put them one about another, also because of their various forms. The group started talking, first about simple directions and training to lead the tempo. When that didn't work ideas of strategies for a possible resolution came up. On the picture you see the end of the process which worked quiet good.

After this very dynamic activity which told us a lot about how communication in a group works or sometimes does not work, Maik our trainer presented us the theory of Johann Galtung which includes the idea of what is violence for us. We talked about the causes of violence, it's hidden side, particular attention was addressed from where violent conflict is coming, such as the traditions and culture and law and the personal violence which is the only one we can see and feel in daily life.

Thursday 9th of July 2015

The day started really early. Breakfast team started breakfast preparation at 7:00. The meal included scrambled eggs with cheese, cold meat selection, fruit salad, muesli, milk, bread, tomato and cucumber. Important to say that this breakfast items were part of lunch packs together with juice, water and fruit.

Excursion started at nine, with the departure from Sievershausen, with great mood, some people singing, but with the breakfast team very sleepy. Arrival at Marienborn Checkpoint was one hour later. There, Andreas Schwab, of the coordinating organization ICJA was waiting. The memorial of the division of Germany is constituted by the remaining buildings of the DDR border station. For a guided tour the group divided into two groups. One of the guides had many interesting things to say. We have been introduced to the major facts and procedure that led to the building of a wall in the border of the between the Federal Republic of Germany and Democratic Republic of Germany in 1961 that lasted till 1989. We have seen the tower, passport control, customs, technical communications, uniforms, weapons and many other pictures were shown. After 2 hours we finally moved to another place.

At 12:30 we arrived in Helmstedt, where the practical border was remaining. There were two walls, one fence, one road, and lights. But it started to rain a lot and we needed to stop outside. We continued inside the bus.

When the explanation finalized we had lunch break. At 14.00 we started the trip to return to Sievershausen. After a little free time we initiated the workshop with Andreas about the activities and history of ICJA as peace and voluntary service organization and discussed the overall aims if the project "Young Activists for Peace", what we can expect from this project and what is our role in making it a success. We continued with the travel and visa reimbursement and other administrative matters

Finally after dinner we had a power point presentation of the Erasmus Plus programme from 20:30 and 21:15 and after that a free evening!

Friday 10 th of July 2015

This day started in an unusual way because one of the participants (Madlin) had her birthday. She received congratulations exactly at midnight with a cake, candles and a birthday wishes poster. With the uncommon beginning, the day continued unusually: it was the first time for the morning gymnastics, and one more participant namely a friendly big black dog joined our camp. Moreover, we started a game which went over the whole time of the camp, called" The Elbow Kisser". Each participant has to kiss the elbow of the other person whose name he or she got on a special card until just one person is "alive".

The introduction part of the training began with the energizer which cheered up and tuned everybody in a productive work. This time Maik prepared for us a very challenging exercise which aimed at searching for the solution to the problem in a peaceful way avoiding violence. The second exercise was about looking for the necessary elements of peaceful environment and what everybody can do by himself in order to implement these ideas into reality. The afternoon part of the training was conducted by Janina, and she concentrated mainly on the psychological aspects of our team. We could change our positions according to the place of birth, the place of living, the number of children in the family, and the most doubtful moment was to be clear about our views and social roles. The next activity was a game about communication. Two persons sat in front of the group in a way, that they could not see each other with similar materials in front of them. The task was that one person had to build a tower and explain what she was doing to the other. Then that other person had to build the same tower according to the given instructions. It turned out that the two towers looked quite different, due to unclear communication and the fact, that the construction materials were not exactly alike. The final part of the training was a vivid example of the proverb "When in Rome do as the Romans do". The participants were divided into several groups of 4 or 5, and each team got the different rules of the game with dice. When a person joined another team he or she had to find out the new rules and follow them. That was also a good metaphor of a foreigner who comes to a new country and faces a cultural shock and the need to accommodate himself to a new environment.

In the evening we played a very funny game where a person tried to explain the name of a celebrity with the help of synonyms and gestures, and the other one had to guess who he or she was. So the pleasant atmosphere of the whole day made each person look forward to the next part of the peace camp. (Inna Buntovska Ukraine, Victoria Okhapkina Russia)

Saturday, 11th of July 2015

The breakfast on Saturday was held outside as the day before under the big tent. In the morning round we made a plan for the cooking groups of the next week. It was decided in a voting that we will have the dinner preparation in the national groups.

Today the creative workshops started. There were three different teams. First option was the theatre/music workshop, a video clip will be made in the second team, and participants could also take part in a photography and film-group. In the beginning, one of the group leaders explained the program of the day. After that, the three groups gathered together separately.

In the creative workshop concerning theater and music, the main objective was to create a dramatic piece portraying the diverse dimensions of peace and conflict. Moussa and Miguel facilitated the process. The general objective for the first part, in the morning, was to practice the improvisation and dramatic skills of the participants. The objective for the second part was to create musical instruments that would support the soundtrack of the play. The third objective was to try the first steps of the creation process. The fourth step was to divide tasks by acting, music, direction, special effects and sound effects.

The video clip group was very confused on the first day, because "because we had so many ideas about music and texts and other things that we could not to find a common solution. Because of that at the beginning we started to try to dance "Macarena" and sing. The main idea of our workshop was the song on the theme of peace and friendship. We wanted to make a video clip with our own text about peace. During the first day we created the lyrics for the song and dancing. With our dance was everything OK, but the song was terrible. The sound was bad, our voices were bad. It was a difficult day for us. However in the end our group had some new ideas about workshop and many funny videos of "Macarena dance"."

The photography group consisted of seven people. In the beginning there was a little task regarding photography. It was about searching for a picture around the area, which grabbed the most attention. In addition, when everyone had found their picture they had to later explain why they chose that specific picture. We made a brainstorming about the terms of photography, how the picture can be influenced in order to catch the mood. The morning session ended with a task, where three groups of two people had to create a photograph with seven different situations, for example one could make a photo of a person that seems sad and alone or a street that seems dangerous. In the afternoon, there was a task to make a very short video-clip about the chosen peace-slogan. After comparing the results of both the photography task and the video task we decided to lean towards photography. In the end, the

whole group had a discussion regarding the final project, which would be made in the next two workshops. (Marie, Reiko)

Sunday, 12 of July 2015

After the morning round and several energizers we got down to the workshop with Maik.

That morning we were talking about street art. Maik told us about different techniques and showed us pictures of graffiti, signatures, stickers and stencils. We learnt that street art is not only about self-expression. It is also a good way to convey an idea, especially if we talk about stickers or stencils which are easy to apply.

After such an introduction Maik allowed us to choose the pictures we wanted to use for creating our own stencils. They were either connected with peace topic or contained some peace message. We could also write down our own phrases. We cut the paper leaving bridges for all the necessary elements to stay in place and then painted them outdoors. Everyone used gloves and mask and Maik explained us how to deal with the paint, apply it to the canvas and how long to wait for it to dry. Maik also showed us how we can use different things like scarfs and doormats to create nice patterns. The artworks we got were all individual as everyone had chosen the colors they wanted.

There is a lot to share concerning the second part of the day. A number of interesting things were planned and fulfilled with a major success this day. Mid -term evaluation was the first thing to happen. Participants were supposed to reflect on everything that had happened till the middle of the Peace Camp. A quite interesting evaluation method was used for this. With the help of grades (1-5), everybody was able to evaluate on the scale following aspects of the Peace Camp: peacemaking activities, excursions, a work of the group leaders, food, free time activities and others.

After the mid-term reflection all the national groups got together to cook their national food and represent a country they came from. At 8 o'clock in the evening, when all the national cuisines were ready to be represented, the dinner started with the participants giving brief information on what is on the table. After dinner we went to another session room which was already decorated with national flags of all countries. Every country had a chance to make a presentation which included well-prepared dances, songs that were sung live, playing the guitar, breathtaking videos, cultural quizzes, national clothes etc. Meanwhile everybody had a chance to treat themselves with some more food.

Second Week

Monday, 13th of July 2015

Today it was an excursion day. Before the trip to the former concentration-camp Bergen-Belsen that was one hour bus ride away, we had the morning session with the whole group in our common room. We first had a discussion about the tasks of the kitchen groups and how we could ensure that all participants would work together to do the dishes.

After the morning round there was time to discuss the topic of Human Rights and Democracy with Gisela Fähndrich (a member of the board of the Antikriegshaus). Gisela had prepared for the group a questionnaire about 'human dignity' — what is it and how mankind could have more fulfilling and satisfying lives. She also handed out little booklets by the UN, 'The Universal Declaration of Human Rights'.

We were divided into 5 groups. Our task was to find replies to given questions. It seemed that people really enjoyed the assignment and were interested about the given topic. The discussion was fulfilling for the group, everybody were presenting their ideas.

Quick lunch, sandwiches to go and the bus was already ready to pick us up. The bus ride took approximately one hour. In the former concentration camp and commemoration site "Bergen-Belsen" our guide was welcoming us with a short introduction to the history of the site. After that we made a round in the camp grounds. It was raining all day, so we tried not to get completely wet. Returning back to the seminar room we listened an interview with a lady who had survived the camp, she talked about her personal experience entering to the camp, about her fears and emotions that she felt in the various moments.

After the quick break we had little time to see the indoor exhibition and then we already had to start heading to the cemetery of the camp grounds, because the bus was going to pick us up there. Another hour of bus ride to get back home, where Eva and Gio were waiting us with welcoming dinner.

After dinner there was time again for the reflection session where many participants shared their impressions and feelings about the excursion and what was new for them regarding the history of the 2nd World War and Holocaust.

Tuesday 14 th of July 2015

Day off

Wednesday 15th

The journey started with the usual morning round where the program and issues were addressed. An energizer followed the morning round before the peace training of Maik. During the training of Maik we've played several games. The first one with a stick that we had to put down all of us together and that was a very hard task because of a lack of communication, some of us became quite stressed. Different emotions and reactions to the task that at first seemed quite easy, but came out as very challenging, could be noticed. Some wanted to give up others tried to motivate the group. After half an hour, different tries and ideas and a lot of teamwork the second group also managed to put the stick on the ground. After the game it was important to talk about the process and participants had the chance to reflect on the feelings and reactions they had during the activity where we could realize that even when the task seems very simple the resolution becomes more and more

difficult when more people are involved. Feeling, no motivations and persistence, stress come together and influence the mood, the reaction toward the task and toward one another and as well the success of teamwork. The second game was a blind game where we've worked in groups of two and one person was blind. We've walked with the partner and changed after a time. At the end four groups of 6 or 7 people were formed with one person guiding all the others. We've learned a lot about trust and the reactions when you have to lead others and when you have to trust the person who is leading you. The session ended with another game with markers between two people who were going from one point to another, A choose first than B. Who can decide? Many groups told later that they made an agreement for example to go to one side first and then to the other side so that both wishes are fulfilled. But there was also the solution just to pull the partner into your direction. Where you could see different ways of communication and different feelings connected to the process? We evaluated about the different approached and experiences with the game afterwards.

After lunch some activities were proposed like Yoga and a talking round where everybody could bring topics they still want to talk about.

Creative Workshops

In the afternoon, all participants went to their respective workshop groups.

In the theater workshop that afternoon we've started with finishing the rain stick with the beans and lentils that were missing, we've continued with rehearsal of the theater play. First we were distributing the roles of each and every one, talk about the theme of the theater, why should we do it without talking. After that we've rehearsed with music and the rain stick that we've completed earlier.

In the Photo and Film workshop the group decided to work on a photo workshop connected to the personalities in the camp and moments they want to tell about which made this camp funny, intellectual or surprising. All this in connection to a sharing moment in the end to see how the others felt to get to know each other and what this camp meant to them and had to to with peace. We also decided to do a post production which is still in work and a surprise.

The video clip workshop decided to make a clip about the way of living together in the camp and about what is important to live together in a peaceful way. They chose a song and decided for small situations to film in connection to the lyrics of a famous song.

The day ended with the reflection groups and the dinner.

The evening programme was watching the movie "The Pianist" together and game called "Mafia".

Thursday, 16th of July 2015

An interesting method was used by Maik for todays training session. The topic was about different situations and conflict approaches and how to manage with conflict resolution. We were asked to take roles in different situations and saw how people decide in a conflict. Participants were involved in the training and he uses the methods of how to be an active listener, in practical exercises participants are pretty much involved, besides the fact that some have problems with English.

Besides these training sessions we were involved on homework tasks of creative workshops, which are interesting and motivate participants to think about the topic in a creative way, Each participant and leader was engaged and this made the process pleasant and we felt a sense of responsibility for presenting a good creative product.

In the photo workshop during the 3 days we organized our idea to make one big collage with portraits of all the participants. Today portraits of everybody in the group were made in a very professional way. We collected the questionnaires that were handed out yesterday and typed them into our laptops. The video clip workshop started to cut their short clips and connected them to a whole video. The theater and music workshop went on with their practicing for their theatre-play. The work of all the Workshop were done in separate groups and no group really knew about the process from the others and everyone became more and more excited about the presentation of results on Saturday evening.

In the evening we had a big barbeque and all people were satisfied. Later in the evening a costume party was organized by some participants and nearly everybody dressed up in creative and funny way.

Friday 17th of July, 2015

Friday was another excursion day, this time to Hannover.

Quick breakfast and running to the bus. We took the connecting train to Hannover. Gisela was already waiting for us with Maik under the monument of Hannover's ex-king. We had an approx. 3 hour guided tour, where we visited the Town Hall and different churches, got to know history of Hannover, also Giselas personal experiences from her childhood, because Hannover was bombed down in 1945 – more than 95% of the city was in ruins.

After the guided tour everybody had free time – some participants who wanted to go shopping had the opportunity. Others decided to relax at the park and have dinner. For our greatest luck and surprise, we happened to be in Hannover on the night the huge opera event was held behind the Town Hall, on the lake. We can say it was just marvelous! Participants were so happy that they had the chance to be there and experience it. Of course... last train back to Sievershausen, long walk to the camp from the train station, got to bed after 1 AM, but it was worth it.

Peace!

Saturday, 18th of July 2015

The day began as usual at 8:30 with breakfast. Then, at 9:30, we started the daily morning round. We first played an energizer game called « Where is my chicken ? » which Olga taught us. Afterwards we talked about how the cleaning up that we had to do on Sunday would be organized and about the schedule of the day.

Moussa and Inna each presented to us two posters that they and Marie did as a gift for our hosts, Gisela and Otto, and for our trainer, Maik and asked us to contibute to it.

Then, we started the morning activity, the follow-up. We grouped by nationality to discuss how we would continue to work on the topic of peace once we would be back home and how we would spread the knowledge and ideas we discovered during the camp around us. We then met all together, and each country made a presentation to show their ideas about the ways they found to pass on the knowledge and the experience. For example, some groups talked about creating an international online newspaper who would address this topic. A lot of people also talked about how they could insert this matter within their work, especially when they were working with kids.

After this activity, we had lunch and the lunch break.

We started again at 14:30. We had to do the final evaluation of the camp. First we gathered within our reflection groups to try to sum up our experience of the camp on a graph. We individually put down on a sheet of paper what were the great and the inspiring moments or experiences during the camp and what were the bad sides of the camp.

Then we came all together and we had to complete several questionnaires about our experience in the camp, what we liked and what we disliked, what it brought to us.

After dinner, the three different groups presented the results of the creative workshops.

The first group to start was the group that did a theater play. They presented their work, which was a pantomime about the creation of earth and war and its damage, in the church.

Then it was the turn of the group that worked on a photography project. They had made a huge poster with all the pictures of the participants and below them, a quote about what surprised them in the camp, or what they liked the most.

The third team, that had made a video-clip about peace, was the last to present their work,

Finally we offered Otto, Gisela and Maik the gifts we had prepared for them.

The farewell party began by a series of games that Moussa had prepared and then we danced and had fun.

Sunday, 19th of July 2015

Today in the morning we had the Final Evaluation Session. In the reflection round everybody had drawn a curve of the mood he or she had over the past two weeks. In the target-evaluation we could give number (points) for different aspects, for example ""learning growth" or "motivating atmosphere".

A questionnaire had to be filled out by every participant to answer more direct and in detail and to give feedback for the camp, the teamers and the whole program.

Conclusions (as mentioned by participants during the final evaluation round)

The peace camp was a great success for participants as well as youth leaders. The feedback from the participants was mostly positive regarding the peace maker training, the new ideas they gained, the atmosphere in the group and the fact, that a lot of them improved their English skills. Some of the participants mentioned though that the time schedule was quite strict and that the preparation of the food took a lot of time that could have been used for more training sessions.

In the peace maker training participants attained new ideas about peace and conflicts, especially ways of dealing with violence. Through the training they got inspiration and motivation for follow-up activities in their home countries, such as sharing the knowledge they gained within their local communities, in working with children, organizing workshops for university students, etc.

The excursions, especially the one to Bergen-Belsen, made a lasting impression on the participants. Many of them were moved by seeing this monument of horror for real for the first time and even mentioned it as the most eye-opening moment of the two weeks.

Last but not least most of the participants were contented with the development of a positive group atmosphere, even though people had such different cultural backgrounds and different knowledge of English – from fluent to very little. In the end there was a strong connection between the participants beyond all barriers and they took a lot of motivation home to share their experiences and even join more Erasmus+ projects. As one participant stated: "It was my first exchange, so it was ice breaker. I'm sure I'll apply again as participant or maybe even a leader. We'll see ..."

We would like to thank all participants, partner organizations as well as all supporters for their good cooperation and highly valued contributions!



Annex 1 – Final Evaluation by participants

	4 = ☺			0=8	
	Points received				
	4	3	2	1	0
	(<u></u>		7
My learning growth	40%	32%	28%		
Motivating atmosphere	40%	52%	8%		
My opportunities to participate	68%	24%	4%	4%	
Opportunities for practical application of course's content(creative workshops)	60%	20%	20%		
Organisation of program, cooking, cleaning etc.	20%	36%	24%	20%	
Topic selection of learning content	32%	48%	20%		
Team of Youth Leaders	44%	48%	8%		

Annex 2 – Participating Organisations

ESTONIA	MTÜ NOORTEVAHETUSE ARENGU ÜHING ESTYES	STYES	www.estyes.ee
FRANCE	SOLIDARITES JEUNESSES MCP	Solidarités Jeunesses	www.solidaritesjeunesses.org
GEORGIA	Public Union Bridge of Friendship KARTLOSI	Isabungagoghfingo gagliofin diggrafinnold bugo "gafunembu" Public Union Bridge of Friendship "Qartost"	www.qartlosi.org
RUSSIA	Center of voluntary movement "DiGe vu Samara"	DG _{VU}	www.digevu.ru
UKRAINE	All-Ukrainian Association for Youth Co-operation Alternative-V	ALSTEPHATIBALS	www.alternative-v.com.ua
GERMAN Y	ICJA youth action for peace	Youth Action for Peace Christlicher Friedensdienst Vap-cfd	<u>www.icja.de</u> www.yap-cfd.de

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